



May 2024 Program Calendar

The Palmer Center

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30 Coffee and Doughnuts with the Mayor 12:30 Open Music Jam	2 9:45 Nutrition Site Committee 10:30 Home Necessity Bingo	3 10:45 Cinco De Mayo Craft	4
6 10:00 Blood Pressure Checks with Jeanne Boone 11:00 Motivation and Movement 12:30 Pop Up Library and Tech Talk	7 9:45 AMP #	8 Closed – Truman’s Birthday	9 10:30 Veteran’s Café 12:30 Pantry Bingo	10 10:30 The Art in You 12:30 Self-Advocacy Through Self-Determination	11
13 11:00 Motivation and Movement 12:30 Basic Flower Arranging	14 9:45 AMP # 12:30 Truman Square Walking Tour	15 10:30 YaYa’s Alpaca Farm \$\$ 12:30 Open Music Jam 1:30 Harvester’s Pickup	16 10:00 Virtual Zoo 12:30 White Elephant Bingo 2:00 Cover to Cover	17 10:00 Karaoke 12:15 Ice Cream Social	18
20 11:00 Motivation and Movement 12:30 MU Food Vouchers 12:30 Tech Study Group	21 9:30 Blood Pressure and Blood Sugar Checks 9:45 AMP #	22 10:15 New Theatre \$\$ 10:00 Coloring Your Way 12:30 Open Music Jam	23 10:45 5 A Day Bingo 12:30 Community Gardening	24 10:30 Long Term Care Presentation 12:30 Natural Grocers	25
27  Closed – Memorial Day	28 9:45 AMP # 12:30 AMP Graduation	29 12:30 Open Music Jam 3:00 Fishing Rod Aim Contest	30 10:30 Tea Party with a Vaile Historian 12:30 Candy Bingo	31 10:30 Summer Kickoff on the Patio 11:30 Birthday Lunch 3:00 Low Vision Support Group	
9:00-9:45 Wake Up Workout \$3 9:00-11:30 Woodcarving Club SC \$ 10:00-10:45 PEPPI 10:00-10:45 SilverSneakers Yoga TMB \$ 11:30 Lunch # 11:00-1:00 Open Line Dance \$3 12:00-4:00 Duplicate Bridge Club \$ 12:30-2:30 Bare Bones Art	9:00-9:45 Stretch & Tone \$2 11:30 Lunch # 12:30-4:30 Bridge Club \$ 12:30 Pinochle 1:30 Zuma Gold TMB \$ 11:30- 12:30 Beginner Pickleball \$ 12:30 – 5:30 Open Play Pickleball \$	9:00-9:45 Wake Up Workout \$3 10:00-10:45 PEPPI 11:30 Lunch # 12:00-4:00 Duplicate Bridge Club # 12:00-4:00 Woodcarving Club SC 12:30-4:30 Bridge 1:30-2:15 SilverSneakers Yoga TMB	9:00-9:45 Stretch & Tone \$2 11:00-11:45 SilverSneakers Classic TMB \$ 11:30 Lunch # 12:30 Pinochle 11:30- 12:30 Beginner Pickleball \$ 12:30 – 5:30 Open Play Pickleball \$	9:00-9:45 Wake Up Workout \$3 10:00-10:45 PEPPI 10:30-11:15 Stitch in Time 11:30 Lunch # 11:00-1:00 Instructed Line Dance \$3 1:15 – 4:45 Open Play Pickleball \$	 THE PALMER CENTER INDEPENDENCE PARKS & RECREATION

#=Reservation Required \$= Fee TMB= Truman Memorial Bldg GO= George Owens Park SC= Sermon Center

www.ci.independence.mo.us/parksandrec/palmer